

November is Pancreatic Cancer Awareness Month

It's time to fight pancreatic cancer

GET THE FACTS:

- Pancreatic Cancer is **4th leading cause of cancer death** in the U. S. yet **11th** in research funding.
- **Each year, 37,000+ Americans are diagnosed;** 33,000+ die, making pancreatic cancer more deadly than prostate and close to breast cancer.
- **Five-year survival is less than 5 percent.**
- Pancreatic cancer is currently 48 times more deadly than AIDS and 17 times deadlier than breast cancer (based on life expectancy, and five year survival rates), which are now 94% for AIDS and 89% for breast cancer.
- **75% of patients diagnosed will die within a year of diagnosis.** Though pancreatic cancer kills twice as many Americans than AIDS, **it receives 39 times less funding for research.**
- **There is no commonly used screening test for pancreatic cancer.** Congress must make appropriations to the Center for Disease Control to develop a nationwide screening system. Currently, \$0 is in the CDC budget for pancreatic cancer.

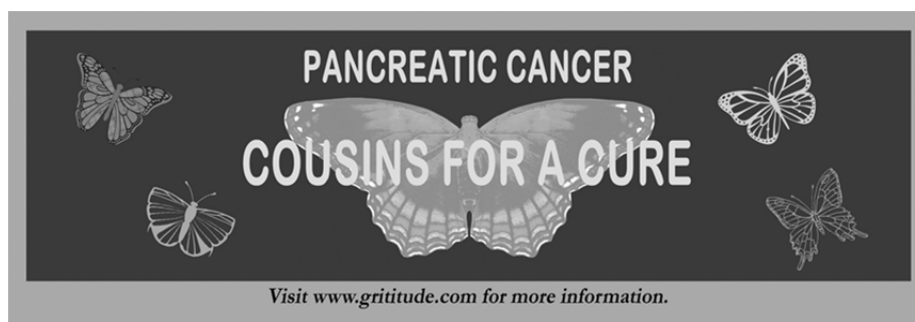
KNOW THE SIGNS/Risk Factors/Symptoms

Pancreatic cancer is silent and sneaky. There are no early detection methods.

- Family history of pancreatic cancer
- Lack of appetite, sudden weight loss
- Sudden onset diabetes or sudden change in blood sugar control in diabetes
- Change of color in urine or stool
- Indigestion, nausea, vomiting
- Abdominal/Back pain
- Chronic pancreatitis
- Jaundice
- Fatigue

And remember...don't smoke!

Cousins for a Cure is not a non-profit organization or business entity. We are simply family, cousins, doing what we can to raise awareness of pancreatic cancer to help one of our own. Cousins for a Cure organized a fundraising drive to increase awareness of this devastating cancer. We are selling t-shirts with proceeds being donated to pancreatic cancer research in honor of our cousin, Diane, who is fighting this monster, and has coined a new word "GRITITUDE" (Girls Raised in the South with Attitude). The designer of the shirt (Jean Gregory Evans) says, "The reason that I chose a butterfly for the design is because the butterfly is a symbol that is widely accepted as representing a strong spirit. This butterfly represents our strong Diane. The butterfly makes a long and dangerous journey. It has to be strong spirited and lucky too in order to reach its destination. Our Diane is one of the luckiest people I know and she is strong spirited ... and as beautiful as any butterfly." Our shirt is for anyone who faces life with "GRITITUDE." Cost is \$20.00 per shirt. A downloadable form may be found on our website – www.grititude.com. Bracelets may also be purchased for \$2. Other items (cards, prints, posters, stickers, and iPhone & iPod Cases) bearing the "GRITITUDE" design by Jean Gregory Evans may be purchased at www.redbubble.com.





Pancreatic Cancer Awareness Day in Macon County

November 15, 2012

5:00 p.m. – Downtown Gazebo

Welcome	Tony Angel Diane Ramsey Forsyth, Honorary Chairperson (Family of Diane)
Proclamations	Joe Collins – Mayor, Town of Franklin Bobby Koppers – VP, Macon Co Commissioners
Recognition of Special Guests	Families touched by Pancreatic Cancer
Moment of Silence	For those still fighting and Those that have lost the battle
Speakers	Macon Cancer Center – Oncologists Charles C. Thomas, II / Barton R. Paschal Cherry Martin
Closing/Challenge	Tony Angel



What Can You Do?

- Wear Purple Ribbons in November and tell your friends
- Get informed – go to www.grititude.com for links to important sites.
- Donate today! Honorary Chairperson Diane Ramsey Forsyth requests for donations (tax deductible) to be made payable to:

MGH Cancer Center (*earmark “pancreatic cancer” on check “for” line*)

Mail your donation to:

MGH Cancer Center Development Office
c/o Andy Kitaff
165 Cambridge Street, Suite 600
Boston, MA 02114

Diane’s doctor, David Ryan M.D., was recently named the new chief of Hematology/Oncology at Massachusetts General Hospital Cancer Center. Donations to the center will be earmarked for Pancreatic Cancer Research. Visit www.massgeneral.org/cancer/ for more information.